

The Parnall Post



Mr. R. McLean, Principal

From the Office...

February 8th marks the 100th day of the 2018-2019 school year! It is hard to believe that we will be more than half way through the school year then!

We have some very exciting events happening in February:

Report Cards go home on February 8th. This will be a good opportunity to review progress with your son/daughter.

Also on January 31st is our **'New to Kindergarten Open House'** from 10am-6pm.

We encourage you to be part of our **Parent Advisory Council** which has their next meeting on Tuesday, February 26th from 6:30-7:45pm. We are discussing a couple of exciting events to be planned for this spring.

Starting February 21st, our **Chocolate Fundraiser** will begin and run through to March 28th.

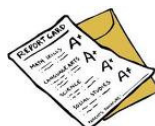
Keep a copy of the calendar on hand to keep track of all the goings-on!

P.A. DAY
Friday, February 15th
(no classes)

Family Day
Monday, February 18th
(school is closed)

Term One Report Cards!!!

On February 8th all JK to Grade 8 students will bring home their elementary report card. The Progress Report in October provided you with information about how your child was learning in the classroom and gave an indication of progress towards achieving the curriculum expectations for all subjects.



Learning Skills and Work Habits are an important focus of the new report card. These are critical life skills that students will work on from Grades 1 to Grade 12. Teachers evaluate how well students are achieving these skills for their grade level and include a comment about each student's strengths and some next steps for continued growth.

For each subject being taught this term, your child will receive either a letter grade (Gr. 1-6) or a percentage grade (Gr. 7-8). If a subject is only being taught in Term 2, then the teacher will check NA (not applicable) for that subject on the report card.

Communication between teachers and parents/guardians is an important support for student success. We encourage all parents/guardians to discuss the report card with your child. All parents/guardians are invited to contact the school if you would like to schedule an opportunity to discuss your child's achievement and next steps for learning with his/her teacher.

FUNDRAISER

Dinner at The Grantham House

The Grantham House restaurant is teaming up with Parnall School to help raise funds. On **Tuesday, March 5th from 5:00-9:00pm**, a percentage of all food sales will come back to the school.

Don't miss out on this chance to have a great dinner and help the school. **Please make reservations ahead of time** by calling 289-362-1651.

The Grantham House
14 Secord Dr., St. Catharines
289-362-1651
thegranthamhouse.ca

**SAVE
the
DATE**

**RAISING
HEALTHY PIRATES**
Wellness Night
Wednesday April 17!

2019 FUN FAIR
Thursday June 13!



Winter Is Here!

With the winter months, there are some necessities that all students (and parents) must remember:



- **Dress your children appropriately for the weather!** Students do not enter the school prior to 8:50am and are expected to go outside during recesses and lunch breaks.
- **Children must stay off snow banks near traffic/parking areas.**
- **Students must bring indoor shoes/slippers** (with their names on them).
- **Arrange transportation** for your children ahead of time so they know where to meet you.
- Please understand that it is not the staff at Parnall that makes closure/cancellation decisions. Therefore, **please listen to local media for this information!!!**
- Listen for cancellations for schools in the DSBN and/or buses. These announcements are made by 7:00am. **Please do not call the school** as we need these lines open for emergency calls.

You are also encouraged to check the SCHOOL AND DSBN WEBSITES for any cancellations:

- <http://parnall.dsbm.org/>
- <http://www.dsbm.org/>

Bus & School Cancellations

There may be times during the school year where inclement weather or other situations could cause transportation cancellations or school closures. At times when student transportation has been cancelled and schools remain open, the decision of whether or not to have children in school on that day rests with the parent or guardian.



Should you decide not to send your child to school in the event that transportation is cancelled but schools remain open, or if your child is ill or late, please ensure that you call your child's school to inform them of your child's absence.

Information about transportation cancellations and school closures will be available as soon as it is available through the following channels:

Websites:
www.dsbm.org www.nsts.ca

Subscription Features:
SBN Facebook or Twitter

Phone:
NSTS 905-346-0290 Voice Auto Attendant

Radio Stations:
CKTB (610 AM) St. Catharines
CHAM (820 AM) Hamilton
CHML (900 AM) Hamilton
CKOC (1150 AM) Hamilton
GIANT FM (91.7 FM) Welland
WAVE (94.7 FM) Hamilton
CHTZ-FM (97.7 FM) St. Catharines
K-LITE-FM (102.9 FM) Hamilton
2DayFM (105.1 FM) N.F./Fort Erie
CHRE (105.7 FM) St. Catharines
Y-108(107.9) Hamilton

Snow / Snowballs

To ensure the safety of students on our playground during the winter months, it is necessary for us to ban the throwing/kicking of snow/ice. The students are constantly reminded of this rule during in-class discussions, at assemblies and over the morning announcements. Should it be found that a student has violated this rule, his/her name is recorded in the office and the appropriate consequences will be given. These include suspension for repeat offenders who endanger the safety of others. **Remind your children of these rules!**



Also, remind your children to stay off the snow banks that will build up by parking lots, they may slide into and over hidden fences and slide into the paths of cars!

Absences / Lates

To help out our secretary, Mrs. King, parents are reminded to contact School Messenger / Safe Arrival (or call the school) prior to 8:40am if your son/daughter will be absent or has an appointment first thing in the morning.



If you haven't signed up yet for Safe Arrival, see the school website for details.

I-Matter Winners

We are holding our I-Matter assembly on Friday, February 1st at 9:45am. Winners this month are:

I Matter As a Learner:

- 1C: Qiuxiao M
- 1/2C: Tessa B, Pierson W, Lylah B
- 2G: Lukas B, Cameron M
- 3B: Mason B
- 3/4W: Jack W, Eryn P
- 4C: Charlie F, Graeme M, Carter S, Bella S
- 5C: Trinity D, Jackson M
- 5/6E: Zach W, Matthew J
- 6K: Destiny R
- 7W: Aadya C

I Matter As an Individual:

- 1C: Aubree B
- 3B: Naomi H
- 4C: Elliott C
- 5C: Brooklyn W, Chloe A
- 5/6E: Olivia M
- 6K: Damon W
- 7W: Joel C-M

I Matter As a Community Member:

- 1C: Lachlan B
- 2G: Roy A, Liam P
- 3B: Warren D
- 3/4W: Nolan V
- 5C: Alison H-M, Katelyn D
- 5/6E: Noah B
- 6K: Danae D
- 7W: Ashlynn C
- 8S: Whole Class



Hints from the Public Health Dep't:

Stress

Adults are not the only people who feel stress. Kids do too. Some stress is normal, but too much is not good for anyone. When kids feel too stressed, they may:

- Complain of tummy aches or headaches
- Cry or whine a lot
- Seem sad or angry
- Have trouble sleeping
- Not want to go to school
- Seem to not care about the things they normally like doing
- Have trouble getting along with their family or friends.

You can help your child deal with stress by:

- Making sure he gets physical activity and time to play
- Providing nutritious meals
- Spending time with your child, ask him how he feels and show him that you love him: hugs and kisses will make him feel good. Have fun together.
- Have bedtime routines to help him relax at the end of the day, and make sure he gets enough sleep
- Start the day with morning routines
- Learn to manage *your* stress

For more information visit:

<http://psychologyfoundation.org/index.php/programs/kids-have-stress-too/>

Source: The Psychology Foundation of Canada

Milk Orders

We are pleased to facilitate students drinking a healthy beverage daily. We will have MILK ORDERS available on SchoolCashOnline (click the link on parnell.dsbns.org) If you wish your child to have milk, please complete the form online. Orders are for a milk card, good for 20 milks for \$15. Students bring their milk card to the milk station each day they wish to get milk.



Special Lunch Days

Pizza will continue to be offered most Fridays. Cost is \$1 per slice and it remains a healthy option with whole wheat crust and pepperoni, or plain cheese.

Orders for hot dogs and pasta will be available later this month.

Be sure to honour the due date. No late orders are accepted!

Special lunch days for January are:

- Feb. 1: PIZZA (due: Jan. 30)
- Feb. 8: PIZZA (due: Feb. 6)
- Feb. 21: SUBWAY (due: Feb. 15)
- Feb. 22: PIZZA (due Feb. 20)
- Mar. 1: PIZZA (due: Feb. 27)



New to Kindergarten For September 2019?

Do you know a child who's turning 4 or 5 before December 31, 2019?

Visit a DSBN Kindergarten Open House from 10am-6pm on Thursday, January 31st, 2019 to register and help your kindergartener get ready for their first day of school at the DSBN!

See the classroom, meet the staff and get a gift bag full of fun learning resources and information to help children develop their school readiness skills.

Looking for more information? Visit the DSBN website at:

www.dsbn.org/kindergarten

**SAVE THE DATE FOR OUR
KINDERGARTEN OPEN HOUSE**

DURING YOUR VISIT YOU WILL:

- See a Kindergarten classroom
- Meet the Kindergarten Team
- Register for school
- Get a fun goodie bag with learning resources

**KINDERGARTEN
KICKSTART**

**THURSDAY, JANUARY 31st, 2019
10:00am-6:00pm**

The graphic features a blue background with white and pink text. Below the text are four colorful speech bubbles (yellow, pink, teal, and green) containing the list of activities. At the bottom, there is an illustration of three children (two girls and one boy) playing with pink blocks. The 'KICKSTART' logo is in large, colorful letters, and the date and time are in a red-bordered box.